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Dro-phen Ling

**DRO-PHEN LING BUDDHIST CENTRE**

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**MONTH OF JULY 2009**

We hope you can join us on Monday the 6th of July to celebrate His Holiness The Dalai Lama's 74th birthday. Together we will offer long life prayers for His Holiness, commencing at 7pm.

Also everyone is welcome to attend Guru Puja on the 22nd of July. The Guru Puja is the ritual of making offerings to the Buddhas and Bodhissatvas, and accumulating the positive merit and energy needed to help us achieve spiritual awareness and progress. The ritual takes approximately one hour, you are welcome to bring along offerings such as food, flowers, and incense or tea light candles

His Holiness will be visiting Melbourne and Sydney again in December 2009, for more information regarding the times and dates of the teachings you can visit the website. [www.dalailamainaustralia.org](http://www.dalailamainaustralia.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 MEDITATION CLASS 7.00PM	2	3	4
5	6 H.H. THE DALAI LAMA'S BIRTHDAY CELEBRATION 7.PM	7	8	9	10	11
12	13	14	15 MEDITATION CLASS 7.00PM	16	17	18
19	20	21	22 GURU PUJA 7.00PM	23	24	25
26	27	28	29 MEDITATION CLASS 7.00 PM	30	31	

CLASS attendance Donation \$10