



Sunshine Messenger

SOUTH EAST QUEENSLAND GROUP OF 5W

Volume 9 Issue 2

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welcome
women.org.uk)

Don't forget the next meeting dates

- * Saturday, 11 April
- * Saturday, 13 June
- * Saturday, 08 August
- * Saturday, 10 October
- * Saturday, 12 December

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NOTES FROM THE CONVENER by Marion Jones

I am very pleased to report that our Recipe Book is at the printers and copies should be available for collection from Saturday, 04 April from a) Everton Park (telephone me for a time) or b) at the April Meeting and Luncheon at The Women's College. If you cannot collect your copies then, please contact a Committee member (see page 6 for list) for other options. At the February meeting, members decided that the aim of the Books was to celebrate the 5W 25th Anniversary and not to be a fund-raiser. Therefore, the price will just cover the costs. See the notice page 2 for the price.

I would like to thank Suzanne Seward who began the Book, Justan O'Donnell for her proof-reading skills and her positive support, Cynthia O'Gorman for her recommendation of the friendly, helpful printer and to everyone who contributed recipes.

The 25th anniversary of 5W internationally will be celebrated in May 2009. As part of our local celebrations, SEQLD members of 5W will celebrate this special event with a dinner at COTAH restaurant, South Brisbane Friday 22 May. The cost of the 3 course meal is \$35. Drinks are extra. Full details at the bottom of this page. Thank you to Rosalie who is organising this function.

The usual film day outing which is scheduled for Saturday 23 May (the day after the Dinner) has been cancelled as most members will be attending the Dinner the previous night.

I will be at the High Wycombe 25th Luncheon with Marie Gracey and will, therefore, miss our own SEQld 5W 25th Dinner. I hope that you all have a wonderful time. Marie and I will toast you all.

SEQld 5W MEETING & LUNCHEON - 11 APRIL

- Time: 11.45 for 12.00 noon
- Date: Saturday, 11 April ***** **Please note that this is Easter Saturday.**
- Venue: The Women's College within The University of Queensland, College Road, St Lucia,
- Meeting Room: Probably the Council Room (turn left from the foyer and it is on the left) but consult the Notice Board in the foyer or ask a staff member.
- Parking: Park in the carpark in the front grounds of The College in College Road (opposite the lagoon); then proceed through the front door to the foyer. Parking is free.
- Bus: See <http://www.members.optusnet.com.au/seqld5w/Links> for other transport options).
- Meal: Meeting is followed by a delicious and extensive buffet lunch (\$20).
- Dietary Requirements: Please let me know if you need special consideration
- Drinks: Juice and iced water are free; glasses of wine are \$3.50 and bottles \$14
- RSVP: essential by Saturday, 04 April. Please direct any enquiries to Marion NOT to The College.

As this meeting and Luncheon will be held on Easter Saturday, it is essential that The College has as much notice as possible. Final numbers by Monday, 06 April as The College needs to organise supplies and staff earlier than usual because of the Good Friday Public Holiday. I will accept RSVPs and make contact with The College as usual, but I leave for Europe on Thursday 09 April so Monday 6th is the last date that I can cope with and hope to stay sane.

SEQLD 5W 25th ANNIVERSARY DINNER -22 MAY

SEQLD members of 5W will celebrate this special event with a dinner at the COTAH restaurant, South Brisbane commencing at 6:30pm on Friday 22 May. The cost of the 3 course meal is \$35. Drinks extra. **For this function, prior payment is essential.**

The committee is hoping as many members as possible will attend this special event. As most members will be attending the Dinner, the usual film day outing which is scheduled for the next day Saturday 23 May, has been cancelled.

Payment for the meal (\$35) should be placed in an envelope with your name clearly marked and handed in at the meeting on 11 April. Please indicate on the envelope any dietary requirements. If you are unable to attend the 11 April meeting please send a cheque, payable to Rosalie Evans (Treasurer) by 01 May for the Dinner. Unfortunately, no refund will be available after Tuesday, 12 May when final numbers must be submitted to COTAH.

A map of the venue is attached.

Rosalie Evans

FILM/EXHIBITION DAYS

(Contact Justan O'Donnell for details)

Venue is downstairs outside Pastano's Café in the Treasury Casino

Meet between 11.15 and 11.30 am.



PLEASE NOTE The usual film day outing which is scheduled for Saturday 23 May (the day after the Dinner) has been cancelled. The next Day will be Saturday, 25 July.

Other Film/Exhibition Days in 2009:

26 September

28 November



MEMBERS MAY LIKE TO JOIN IN THESE SUGGESTED ACTIVITIES:

1. 28 March - 08 April **Queensland Ballet STREET CAR NAMED DESIRE** based on the Tennessee Williams play. Ring QTIX 136246 Play house Theatre.
2. City Hall on Friday 3rd April by the Qld Orchestra 7pm "**CABARET**" with 2 female singers and the charismatic conductor Guy Noble. Cost approx. under \$40 for the cheap seats. Meet Jan and other members in the foyer at 6.30pm as we will buy our seats at the door.
3. Sunday 19th April 3pm **MUELLER INTERNATIONAL CHAMBER ORCHESTRA AND ATTILLA SAUTOV (VIOLIN VIRTUOSO)** An afternoon of Autumn Classical Music (Vivaldi, Paganini, Bach) at St. Mark's Anglican Church 7-17 Main St Buderim. Seats available from the church 1 hour before the concert Cost \$25 concessions. Reservations 0424 780 389,
4. 24th April - 24th May **4MBS FESTIVAL OF CLASSICS** (Commemorating Handel, Haydn, Mendelssohn) Numerous locations, cheap prices. Ring 4MBS on 38471717 for a copy of their extensive programme.
5. 8th-10th May **SHOWSTOPPERS CONCERT** Produced by Ignatians Musical Society Schonell Theatre. 60 piece orchestra. (Price of tickets not yet released) I shall be going on Friday 8th May. Let me know at next meeting if you are interested Phone bookings 33712751.
6. Sunday 10th May **BRISBANE PHILHARMONIC ORCHESTRA** at Old Qld Museum, Bowen Hills. "Mothers' Day and Mendelssohn" \$20 concession at the door 1 hour before starting time. Bookings 38471717.
7. Saturday 25th July **OPERA IN THE VINEYARD** Jimbour House near Dalby Free 2-5pm Charge for parking. Bring a Picnic lunch or buy lunch from stalls. Allow time to stroll around grounds and see museum in stables.
JAN JONES Events Co-ordinator janice.jones2@bigpond.com
8. Sunday, 19 April Greek Easter Lunch at the Big Barrel Winery, Maleny 19th. It starts @ Greek time 11.00am. Egg breaking & dancing after that. Cost: approx. \$20. More details p 6.
OLIVIA NELSON Member, Sunshine Coast.

BOOK GROUP

(Contact Catherine McCarthy for details)



Next Book Club meetings:

12.30 pm Saturday, 09 May 2009 **Watkin**

Tench's 1788 by *Watkin Tench*; edited & introduced by Tim Flannery to be held at Norman Pk.

Watkin was a young Marine officer on the first fleet. The book is based on his journal There is a recently published book, '1788' by David Hill (former Chairman of the ABC). It was agreed at the last meeting to review both of these books. Therefore, members can decide whether to read one or both of the books.

12.30 pm Saturday, 11 July 2009 **DVD** (tbd) at West Cherm-side

12.30 pm Saturday, 12 September 2009 **The Lonely Passion of Judith Hearne** by Brian Moore to be held at Capalaba

12.30 pm Saturday, 14 November 2009 tbd

WANTED



Any photos of 5W, especially ones with SEQld activities and members in them

The 5W Office has also asked for other photos to make "*a special display of 5W photos from Australia*" at the 25th Luncheon in High Wycombe. These should be printed copies.

Marion Jones

SEQLD 5W 25th ANNIVERSARY CELEBRATIONS

1) SPONSERSHIP OF YOUNG INDONESIAN MEMBER

Mika Hasanah will be the 1st Indonesian 5W member, Mika studied in Qld, and voluntarily provided internet support to some of our SEQld members. We believe that she will be a wonderful ambassador for 5W and for her country

2) RECIPE BOOK

The Recipe Book will be available for purchase at Everton Park from Saturday 04 April (telephone Marion) or at the meeting to be held at The Women's College on the 11 April. It is priced as follows: \$20 for 3 copies; \$7 for 1 copy. The price will increase only in the event of unexpected (and unlikely) additional costs. Of course, it should be possible to purchase copies at subsequent meetings. The book is a quality production with approximately 250 recipes, 97 x A5 (½ A4) pages, coloured chapter pages, an Index, clear PVC covers front & back.

3) DINNER

Friday, 22 May at the COTAH restaurant, South Brisbane commencing at 6:30pm (*Information on p1*)

CRUISING FROM MOSCOW TO ST. PETERSBURG

The trip from Moscow to St. Petersburg down the waterways on the "MS Nicolai Bauman" was relaxing and a great way to see the area.

I did the trip in June, the weather was so warm people were in shorts, and the lakes, which are quite a feature of this trip, were still and provided the most incredible reflections.

Moscow was much more interesting than I had expected. Be sure to see the Armoury, full of treasures and not warlike bits as one would expect.

After 3 days we set off for Uglich, Yaroslavl, Goritsy, Kizhi and Vaalam, having a day in each.

It was very pretty countryside, lots of interesting churches and monasteries, and of course plenty of exquisite matryoshka dolls. No doubt making them fills in the long nights of winter for

people living in these country areas.

St. Petersburg is a beautiful city with its canals and wonderful old buildings, many of which were restored especially for the 300th anniversary of President Putin's home city. We walked a lot, surprised at how plentiful things were in the markets, and the ship was quite conveniently situated for sightseeing. There is so much to see and do, three days was really not enough. I would like to have spent at least another day just looking at the treasures in The Hermitage.

I contacted 5W member Natalya Selezneva with whom we spent a most enjoyable afternoon chatting and swapping notes, and learning how things really are in the 'new' Russia.

The ship was comfortable, and from memory had only about 200 passengers of all nationalities. There was not a lot of

on board entertainment as such, we amused ourselves in the usual Aussie way - drinks and hilarity on the back deck after dinner. The food was fine, but not 5 star.

I travelled with Cosmos. Archers Direct, owned by Cosmos does the same trip, same vessels marginally cheaper, but there are many operators doing this route.

It was one of my favourite trips.

Judy Winterbine.



IS IT TIME FOR YOU TO VISIT RUSSIA?

Travel to Russia is a unique opportunity to get acquainted with Russian history and culture. Russia spans eleven time zones and two continents and is one of the most beautiful countries in the world. This is a great country with an array of rivers, forests and towering mountains. You have a chance to explore its land of striking beauty and diversity, from magnificent capitals, Moscow and St. Petersburg, to the measured life of Siberian cities. The whole new world is waiting for you to be discovered.

Nationals of most foreign countries need a visa to enter Russia.

Applying for Russian Visa

Foreign nationals are required to have a visa to enter the Russian Federation. There are several types of visa a foreign citizen can apply for. After you have chosen a right type, you can submit necessary documents to the Russian Consulate

Submitting a Visa Application

Applications may be submitted personally, by mail or by an agent. If applying by mail one should use a registered delivery service. Applications may be completed by the applicant or by an agent acting on behalf of the applicant. However all forms must be checked and signed by the applicant personally. Russian visas are issued by the Russian Consulate in the country of your residence. You can also apply for a Russian visa going to the Russian Consulate in a foreign country. This doesn't apply to nationals of Germany and some Asian countries.

To obtain your Russian visa successfully you need to know visa requirements, prepare the required package of documents with no mistakes, and submit documents to the Consulate. When you receive your visa, it's necessary to check if the visa information is correct before you leave home.

Required Documents

To obtain a Russian visa one should receive a Russian visa invitation from the Passport and Visa Department of the Ministry of Internal Affairs or specially authorised travel agencies. Documents to be submitted to the Consulate include:

- a) Actual passport with at least two blank visa-designated pages and valid for at least six months after planned departure from Russia
- b) Two passport size photos of the applicant
- c) Official invitation from an authorised organisation in Russia
- D) Two copies of a Russian visa application form, completed and signed

Additional Requirements

There can be additional requirements for some types of Russian visa. Additional documents for submission may include proof of Medical Insurance.

Planning a trip? Been somewhere interesting ? Like to share any useful travel tips? Know of a member having a birthday or celebrating something special ? . Tell us about it !

Please send contributions e.g. travel tips, photos, travel stories, books, movies, theatre recommendations, reviews, recipes, websites, classifieds etc to

fivewnews@yahoo.com.au

The publication dates for each bi-monthly edition will be the 2nd last week of January, March, May, July, September, November. The deadline for contributions will be the 12th of those months. Your contributions are needed.

Catalan: **Senyora** (*Sra.*)
 Chinese 太太 (*Taitai*)
 Czech: **Paní**
 Croatian: **Gospođa**
 Danish: **Fru** (*Fr.*)
 Dutch: **Mevrouw** (*Mevr.*)
 Estonian: **Proua** (*Pr.*)
 Finnish: **Rouva** (*Rva*)
 Filipino: **Ginang** (*Gng.*)
 French: **Madame** (*M^{me}*)
 German: **Frau** (*Fr.*)
 Greek: **Κυρία**, (*Kiria*) *Ka*,
 Hebrew:) גברת (*Gveret*)

Hungarian: **Úrnő**
 Indonesian: **Nyonya** (*Ny.*)
 Irish: **Bean**
 Italian: **Signora** (*Sig.ra*)
 Japanese: 女史 (じよし) (*Joshi*)
 Latvian: **Kundze**
 Lithuanian: **Ponia**
 Malay: **Puan**
 Maltese: **Sinjura**
 Norwegian: **Fru** (*Fr.*)
 Persian:) بانو (*Bānw*)
 Polish: **Pani** (*P.*)
 Portuguese: **Senhora** (*Sra.*)

Punjabi: **ਸਰਦਾਰੀ** (*Sardarni*) (
 Romanian: **Doamna** (*D-na*)
 Russian: **Госпожа** (*Gospozha*)
 Serbian: **Госпођа** (*Āĥa.*)
 Slovak: **Pani** (*P.*)
 Slovenian: **Gospa** (*Ga.*)
 Spanish: **Señora** (*Sra*)
 Swedish: **Fru** (*Fr.*)
 Thai: นาง (*Nang*)
 Turkish: **Hanim** (*Hn.*)
 Ukrainian: **Пані** (*Pani*)
 Vietnamese: **Bà** (*B.*)

LANGUAGE	GOOD MORNING	THANK YOU	EXCUSE ME
Catalan	Bon dia	Moltes gràcies/	Perdom
Chinese (transliterated)	Zao an	Xie xie ni	Dui bu qi
Croatian	Dobro jutro	Hvala	Oprostite
Danish	Godmorgen	Tak	Undskyld mig
Dutch	Goedemorgen	Dank u	Pardon
French	Bonjour	Merci	Pardon-moi
German	Guten morgen	Ich danke dir	Entschuldigung
Hebrew (transliterated)	Boker tov	Today	Slihah
Hungarian	Jó reggelt	Köszöröm	Bocsásson
Italian	Buon giorno	Grazie	Scusi
Japanese (trans)	Ohayo	Arigato	sumimasen
Korean (transliterated)	Anyoughi jumusheseyo	Gomab supnida	Sile hamnida
Lithuanian	Labas rytas	Aciu	Atsiprasau
Modern Greek (trans)	Kalemera	Eucharisto	Me synchoreite
Norwegian	God morgen	Takk/Takk skal du ha	Unnskyld
Persian	Sobh bekheir	Moteshakkeram	Bebakhshid
Polish	Dzien dobry	Dziekuje	Przepraszam
Portuguese	Bom dia	Agradecido/Obligado	Disculpe-me/Perdoe-me
Russian (transliterated)	Dobroe utro!	Spasibo!	Izvinite!
Serbian (transliterated)	Dobro jutro	Hvala/Zahvaljujem se	Izvinite
Spanish	Buen día/Buenos días	Gracias	Perdón
Swedish	God morgon	Tack	Ursäkta
Tagalog	Magandang umaga	Maraming salamat	Tabi pô/Paumanhín
Turkish	Günaydin	Tesekür ederim	Affedersiniz
Vietnamese	Chao buoi sang	Cam o'n	Xin loi

Vale ROSEMARY BARKER

Although not a SEQld 5W member, Rosemary maintained strong links with many of us.

She hosted many 5W visitors over the years, including several SEQld ones. If she had not received a visitor for a while, she would telephone me to urge us to send some of our visitors 2000 kms north to her. Many 5W members will remember her picnics on the Cairns esplanade and her strong bond with the indigenous women of Cape York Peninsula in Far North Queensland.

Already battling with the cancer which was soon to take her life, in 2008 Rosemary accepted a prestigious Griffith University Writing Bursary. This was planned to be an article about women's health and chronic disease management in rural and remote areas of Queensland, namely examining the government's health management of pregnant indigenous women in Far North Queensland.

I hope that, sometime, we can welcome Rosemary's sister, Lynette, to a SEQld activity. Only 2 days before her death, Rosemary telephoned me and told me that she wished Lynette to follow her into 5W friendship.

Marion Jones

TRAVEL BUG

In April

Patricia James is cruising from Amsterdam to Budapest.

After a few days in Hobart in March, **Marion Jones** is visiting Europe in April and May, taking in both the Belgium Gathering and the 25th Anniversary Luncheon in High Wycombe as well time in Spain and Lisbon.

Marie Gracey is soon tripping around Europe and will also be at the Belgian Gathering & the High Wycombe Luncheon.

Yvonne Flanagan has decided to go to the UK and hopes to be at the 25th Luncheon.

Jan Knight will be camping in Northern Queensland (including the Daintree & Agnes Waters).

Charmaine Roney is off to spend 2 weeks in Malaysia.

In March

Edith O'Connor and **Sheila Flint** caught up with some 5W members during a trip to NSW. This was their 1st 5W trip.

Justan O'Donnell visited Sydney.

Elva Callaghan spent two weeks in Melbourne.

**NOTICE BOARD**

I am looking to go to China in Sept/October on a Wendy Wu tour – If any member is interested in joining me, please contact me and we can both avoid the single supplement. Best regards
Imelda Lewis

Would anyone like to house/cat sit in my tree house in Buderim from 16 May - 29 May or somewhere in between. Some stairs, at back entrance, but can park on street if that is a problem.

Gentle environment, low maintenance, retreat, (definitely not a Noosa McMansion). You will need your own vehicle as the hills are excruciating. Just 3 minutes drive down the mountain from Buderim main Street.

Would prefer a single, but a tame husband is OK. MUST LOVE CATS! Poppy Puss Cat rules this roost.

Olivia Nelson. 07 54765802

19 April the Sunshine Coast Greek Association (*of which I am a member*) is hosting a Greek Easter Lunch at the Big Barrel Winery - on the main road to Maleny at 11.00 - Souvlakia, salata & meze is served around 13.00 (Greek time). Breaking eggs & dancing starts after that. Last year was just lovely. Cost: approximately \$20 includes lunch. Bring your own ouzo & thermos of coffee as wine only is available at the Winery. If one or ten of you are interested we could get a table, and enjoy a Greek knees up. *Malista* (you will be welcome).
Olivia Nelson

Thank you to those 5W members who came to the morning tea at Sugar & Spice in Mooloolaba.

The local members, Marie G, Jenny, Pam, Michelle and Olivia, the Brisbane contingent, Judy, Charmaine, Marion and Wendy; Maureen from Beenleigh; the Beachmere ladies, Heather and her friend Margo, all enjoyed the interaction and a lively chat !!!

Marion distributed coloured rectangular bits of cardboard and we individually wrote our good wishes to the High Wycombe 25th Birthday Luncheon to be held on May 24th.

Judith Morgan from Adelaide enjoyed meeting everyone and was able to give us prior knowledge about the forthcoming Adelaide Gathering in May 2010 that she is organising.

Some stayed for lunch before going on their respective ways. Thank you one and all for making it such a successful coffee get - together. I particularly wish to thank the ladies who came quite a long distance.

Marie Gracey

MEMBERS' WELFARE

Everyone is reminded that our Welfare Officer Sandra Harbottle would like to hear about members who may be ill, incapacitated or hospitalised so we can show them that we are thinking of them. Maureen Walsh has offered to take on the responsibilities of Member Welfare whenever Sandra is away. Thank you to Sandra and Maureen

Your Committee for 2009

SEQld 5W Group,
Membership, Venue
Convener, Web &
Googlegroup Man-
ager-

Marion Jones

Secretary:

Annette Rutledge

Treasurer -

Rosalie Evans

Newsletter Editors -

**Marion Jones &
Imelda Lewis**

Welfare Coordinator:

Sandra Harbottle

Events Coordinator:

Jan Jones

Book Group Co-
ordinator:

Catherine McCarthy

Meeting Chairs:

April -

Maureen Walsh

June -

Charmaine Roney

August -

Patricia James

October -

Jan Knight

December -

Nene Hartnell

February -

Imelda Lewis

**Do you have a new
email address?**

**Moved? Have another
mailing address?**

**Changed your email
address?**

**Want to see other in-
formation included?**

**Please email changes
or comments or sug-
gestions to [fivew-
news@yahoo.com.au](mailto:fivew-news@yahoo.com.au)
or post it on the SEQld
5W Google group**

**[seqld5w@
googlegroups.com](mailto:seqld5w@googlegroups.com)**

GET OUT OF THE CAR!

This is supposedly a true story Judge for yourself

An elderly Florida woman did her shopping and, on returning to her car, found that four young males were in the act of driving away in her vehicle.

She dropped her shopping bags, drew her handgun (well, it was in Florida!), proceeding to scream at the top of her lungs "I have a gun, and I know how to use it! Get out of the car!"

The four men didn't wait for a second threat. They jumped out and ran like mad. The lady, somewhat shaken, then proceeded to load her shopping bags into the boot of the car and then sat down in the driver's seat. She was so shaken that she could not get her key into the ignition.

She tried and tried until she realised why. It was for the same reason that she wondered by there was a football, a Frisbee and two 12 packs of beer in the car.

A few minutes later, she found her own car parked four or five spaces further away. She took her bags out of the first car and put them into her own, before driving to the local police station to report her mistake.

She was taken aback when the sergeant to whom she told the story couldn't stop laughing.

He pointed to the other end of the same counter, where four pale young men were reporting a car-jacking by a mad, elderly woman whom they described as white, less than 5 ft tall (152 cms), wearing glasses, with curly white hair, and carrying a large handgun. No charges were filed.

The moral of the story? If you are going to have a "Senior Moment"

MAKE IT MEMORABLE!

RECIPE BOOK



- \$20 for 3 copies or \$7 each.
- Please place correct payment (cash or cheque) in an envelope with your name clearly marked. Make cheques out to *SEQld 5W*.
- The price will increase only in the event of unexpected (and unlikely) additional costs.
- Weight (*if you want to post them to friends*) approx. 200g
- Approximately 250 recipes
- 97 x A5 (½ A4) pages
- Coloured chapter pages
- Heavy quality shiny paper
- Index
- Clear front & back PVC covers

SEQLD 5W 25th ANNIVERSARY DINNER -22 MAY

SEQLD members of 5W will celebrate this special event with a dinner at the COTAH restaurant, South Brisbane commencing at 6:30 pm on Friday 22 May.

The cost of the 3 course meal is \$35. Payment for the meal (\$35) should be placed in an envelope with your name clearly marked and handed in at the meeting on 11 April.

If you are unable to attend this meeting please send a cheque, payable to Rosalie Evans (Treasurer) by 01 May. Prepayment essential.

Please indicate on payment envelope any special dietary requirements.

A map of the venue is attached.

This should be a great night.

